



U.S. Tae Kwon Do



After School Daily Schedule

Cline — Westwood – Wedgewood –Rustic oak – Wind song- Etc	
Time	Activities
2:30 – 4:00	Students picked up from school
3:00 – 3:35	Students Check-in/ Snacks / Prepare for Taekwondo Tenets
3:35 – 3:45	Get ready and prepare for workout
3:45 – 5:15	Tae Kwon Do class Child's growth Tae kwon do Physical Training
4:30 – 6:00	Tae Kwon Do class Homework / Student Check-out

Registration: \$75.00 Per week: \$80.00

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website: us-taekwondo.com