



U.S TAE KWON DO

Martial arts



Two Week Special

It's Fun!

Two Week Trial \$49.99 Includes:

**Two Week of Training
Uniform**

**Make New Friends
Improve Self-Esteem**

**Build Confidence
Weight Control**

Children will learn how to...

Increase confidence to do great in school.
Build self-esteem for success in life.
Strengthen values such as integrity and honor.

Adults will learn how to....

Reduce stress for a healthier life.
Increase fitness so you feel great.
Protect yourself and keep your family safe.

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