



U.S TAE KWON DO

Martial arts



Six Week Special

Summer Special

Six Week Trial \$99.99 Includes:

**Six Week of Training
Uniform**



**Make New Friends
Improve Self-Esteem**

**Build Confidence
Weight Control**

Children will learn how to...

- Increase confidence to do great in school.
- Build self-esteem for success in life.
- Strengthen values such as integrity and honor.

Adults will learn how to....

- Reduce stress for a healthier life.
- Increase fitness so you feel great.
- Protect yourself and keep your family safe.

U.S. TAE KWON DO



301 W. Edgewood, STE.2
Friendswood, TX. 77546
281-482-0060 us-taekwondo.com