

Martial arts



Six Week Specia/

New year Back to School Special

x Week Trial \$99.99 Includes

Six Week of Training Uniform



Children will learn how to...

Increase confidence to do great in school.

Build self-esteem for success in life.

Strengthen values such as integrity and honor

Build ConfidenceWeight Control

Adults will learn how to....

Reduce stress for a healthier life.
Increase fitness so you feel great.
Protect yourself and keep your family safe.

<u>It's fun</u>



301 W. Edgewood, STE.2 Friendswood, TX. 77546 281-482-0060 us-taekwondo.com